

## PROFILE SCORING

A = Words of Affirmation  
B = Quality Time

C = Receiving Gifts  
D = Acts of Service

E = Physical Touch

### HOW TO INTERPRET YOUR PROFILE SCORE

Your highest score indicates your primary love language. Your second highest score indicates your secondary love language. If two scores are identical, you are bilingual (you have two primary love languages). If the scores of your primary language and your secondary language are close (for example, 10 and 9 respectively), it indicates both are important to you. Whatever your spouse does to express love in either of these languages will get emotional points with you. The highest possible score for any one love language is 12.

Having a clear picture of your primary and secondary love languages will explain much of your past behavior. Think back over the past and ask yourself, “What have I most often requested from my spouse?” Chances are your answer will lie within the scope of your primary and secondary love languages. You have been requesting that which would meet your deepest need for emotional love.

Your requests, however, might have come across as nagging or criticizing and thus driven your spouse away.

Another question to ask yourself is, “How have I most often expressed love to my spouse?” You may find that you have been speaking your own language rather than the primary language of your spouse. If so, you might not have made many emotional points with your spouse but you can give yourself credit for having been sincere. More importantly, having a clear understanding of your primary and secondary love languages can make your future more enjoyable. A journey of a thousand miles begins with the first step.

Concentrate the next few months on speaking your spouse’s love language consistently. Remember the words of Jesus: “It is more blessed to give than to receive” (Acts 20:35). Love begets love. Few people will be unresponsive to love expressed consistently and in the primary love language. Your chances of being loved by your spouse increase daily as you fill his/her love tank.